

**IN THE CLAIMS:**

Please add claim 24. The status of the claims is as follows:

1. (Original) A system for providing a multi-media alarm, comprising:
  - a publicly accessible network;
  - a user interface in communication with the publicly accessible network;
  - a handheld timing device in communication with the user interface, the timing device being configured to track a universal time and harvest a user selected media that is played in a programmed order with a selected commercial media at a user determined time through the handheld timing device.
2. (Original) The system of claim 1 wherein the media comprises an audio and a video content.
3. (Original) The system of claim 1 further comprising a transceiver interfaced to the timing device.
4. (Original) The system of claim 3 wherein the transceiver is tuned to receive a broadcast containing a Coordinated Universal Time signal.
5. (Original) The system of claim 4 wherein the timing device and the transceiver are a unitary device.
6. (Original) The system of claim 1 further comprising an audio output and a display that play the user and the commercial selected media, the output and display being a unitary part of the timing device.
7. (Original) The system of claim 6 wherein the timing device is further configured to translate the user and the commercial selected media into a progressive alarm.

8. (Original) The system of claim 1 further comprising a Host Site in communication with the publicly accessible network, wherein the Host Site is configured to combine the user selected media with the commercial selected media while downloading the user selected media with the commercial selected media into the timing device.

9. (Amended) The ~~elock-system~~ of claim 1 further comprising a Host Site interfaced to the publicly accessible network, wherein the Host Site and the timing device are configured to program the time and an alarm in the timing device.

10. (Amended) The ~~elock-system~~ of claim 9 further comprising a speech synthesizer that is a unitary part of the timing device.

11. (Amended) The ~~elock-system~~ of claim 9 further comprising a closed captioning system that is a unitary part of the timing device.

12. (Amended) The ~~elock-system~~ of claim 1 wherein the timing device comprises an atomic clock.

13. (Amended) The ~~elocksystem~~ of claim 1 wherein the timing device is configured to access a DumpSite selected by at least one of a content provider, a commercial provider, and or a user after playing the media.

14. (Amended) The ~~elocksystem~~ of claim 1 wherein the timing device is configured to filter the user selected media by removing selected media.

15. (Amended) The ~~elocksystem~~ of claim 14 wherein the harvested media is stored in memory dispersed across the Internet.

16. (Amended) The ~~elocksystem~~ of claim 1 wherein the timing device is configured to complete sweepstakes entries by entering data into sweepstakes forms.

17. (Amended) The ~~clocksystem~~ of claim 1 wherein the handheld timing device comprises a computer.

18. (Amended) The ~~clocksystem~~ of claim 1 wherein the timing device is further configured to play multimedia that provides a long-term impact on at least one of a user's state, an arousal, and or a consciousness.

19. (Withdrawn) An Internet clock, comprising:  
a publicly accessible network;  
a Host Site interfaced to the publicly accessible network;  
a handheld timing device in communication with the user interface, the timing device being configured to track universal time and harvest a user selected audio and visual addresses through the Host Site, the timing device being further comprising a media player configured to play the audio and visual information by accessing the audio and visual addresses and playing audio and visual information in a programmed order with a selected commercial media at a predetermined time in a real time.

20. (Withdrawn) The Internet clock of claim 19 further comprising a voice recognition circuit interfaced to the Host Site that recognizes and executes spoken commands.

21. (Withdrawn) The Internet clock of claim 19 wherein the timing device further comprises a sweepstakes module configured to complete sweepstakes entries by receiving data and entering data at a Sweepstakes Site.

22. (Withdrawn) A method of playing selected video and audio at a desired time, comprising:

programming a launch time;  
interfacing a publicly accessible network at the launch time;  
harvesting the publicly accessible network for a user selected media;  
combining the user identified media with a commercial media;  
playing the combined user identified media with the commercial media through a standalone handheld timing device at a programmed time in a progressive process; and  
interfacing the handheld timing device to a Site on a publicly accessible network after the media is played.

23. (Withdrawn) The method of claim 22 further comprising connecting to a Host Site; entering personal data and interface parameters; retrieving sweepstakes forms; and completing the sweepstakes forms at a programmed time.

24. (New) A system for providing a multi-media alarm, comprising:  
a publicly accessible network;  
a Host Site interfaced to the publicly accessible network;  
a handheld timing device in communication with the user interface, the timing device being configured to track universal time and harvest a user selected audio and visual addresses through the Host Site, the timing device being further comprising a media player configured to play the audio and visual information by accessing the audio and visual addresses and playing audio and visual information in a programmed order with a selected commercial media at a predetermined time in a real time.